

San Ramon Valley Sprint Festival

March 16, 2024

San Ramon Valley High School

501 Danville Blvd

San Ramon

Order of Events

10:30 am Rolling Schedule
4 x 200
Girls Hurdles
Boys Hurdles
Girls 100
Boys 100
Girls 400
Boys 400
Throwers 4 x 100
Girls 4 x 100
Boys 4 x 100
Girls 300h
Boys 300h
Girls 200
Boys 200
Girls 4 x 400
Boys 4 x 400

Field Events

Boys Long Jump Open Pit – 9 to 10:30 - 4 Jumps
(Minimum Mark 15-0) Top 36 Jumpers Accepted

Girls Long Jump Open Pit – 9 to 10:30 - 4 Jumps
(Minimum Mark 14-0) Top 36 Jumpers Accepted

Boys Triple Jump Open Pit – 11:30 – 1:00 - 4 Jumps
(Minimum Mark 33-0-0) Top 36 Jumpers Accepted

Girls Triple Jump Open Pit – 11:30 – 1:00 - 4 Jumps
(Minimum Mark 25-0) Top 36 Jumpers Accepted

Boys Discus – 9:00 – 4 throws (Minimum Mark 85
feet) top 36 throwers

Girls Shot – 9:00 – 4 throws (Minimum Mark 25 feet)
top 36 throwers

Boys Shot – 11:30 – 4 throws (Minimum Mark 38
feet) top 36 throwers

Girls Discus – 11:30 – 4 throws (Minimum Mark 70
feet) top 36 throwers

Boys High Jump – 9:00 Opening Height 5-0

Girls High Jump – 11:00 Opening Height 4-4

Girls Pole Vault – 9:00 Opening Height 6-0 - Top
40 Vaulters

Boys Pole Vault – 10:00 Open Height 7-0 – Top 40
Vaulters