

Montgomery Girls Top Ten

100 Meter Dash			
Place	Mark	Name	Year
1	12.24	Alyssa Page	2011
2	12.48	Nicole Park	1990
3	12.61	Alexica Bosque	2005
4	12.69	Emma Orosz	2014
5	12.71	Tiffany Hurst	2006
6	12.72	Jackie Chalmers	2013
7	12.73	Kathy Richards	1979
8	12.74	Bev Thomas	1987
9	12.74	Cari Stenger	1988
10	12.74	Megan Pang	2005

1600 Meter Run			
Place	Mark	Name	Year
1	4:45.51	Hanne Thomsen	2022
2	4:46.17	Sara Bei	2001
3	4:52.58	Kim Conley	2004
4	5:04.41	PeeWee Lemus	1987
5	5:09.85	Celeste Berg	2008
6	5:10.74	Kim Handel	2003
7	5:10.91	Seelah Kittelstrom	2022
8	5:11.02	Julie Nacouzi	2009
9	5:12.14	Pamela Richardson	1995
10	5:13.58	Sarah Bashel	1998

200 Meter Dash			
Place	Mark	Name	Year
1	24.79	Alyssa Page	2011
2	25.55	Jackie Chalmers	2013
3	25.64	Alexica Bosque	2005
4	25.74	Nicole Park	1992
5	25.77	Devorah Harris	1997
6	25.86	Emma Orosz	2014
7	25.90	Megan Pang	2005
8	26.14	Melissa MacPherson	1992
9	26.34	Cari Stenger	1990
10	26.44	Christen Chalmers	2009

3200 Meter Run			
Place	Mark	Name	Year
1	10:11.11	Sara Bei	2001
2	10:12.03	Hanne Thomsen	2022
3	10:58.25	Kim Conley	2004
4	11:10.74	Julie Nacouzi	2009
5	11:15.20	Sara Bashel	1999
6	11:20.17	Seelah Kittelstrom	2022
7	11:31.48	PeeWee Lemus	1987
8	11:31.70	Emma Conley	2002
9	11:34.04	Sarah Gallagher	2009
10	11:35.68	Elisa Pedersen	2002

400 Meter Dash			
Place	Mark	Name	Year
1	56.53	Jackie Chalmers	2013
2	57.81	Alexica Bosque	2004
3	58.00	Devoah Haris	1997
4	58.30	Deanne Neff	1978
5	58.60	Maria French	1986
6	58.76	Gretel Amman	2005
7	59.04	Grace Mackey	2016
8	59.04	Pamela Richardson	1995
9	59.44	Melissa MacPherson	1992
10	59.92	Margaret Smith	2015

100 Meter High Hurdles			
Place	Mark	Name	Year
1	15.59	Patty Teal	1994
2	16.37	Tori Mollard	2014
3	16.44	Courtney Stephens	1993
4	16.51	LJ Perry	2004
5	16.86	Stephanie Fernandez	2015
6	16.92	Rachel Aggostini	2006
7	17.04	Amy Bei	1999
8	17.11	Fayola Beck	2022
9	17.13	Elise Britt	2004
10	17.26	Meili Bartholome	2012

800 Meter Run			
Place	Mark	Name	Year
1	2:13.64	Pamela Richardson	1995
2	2:15.83	Hanne Thomsen	2022
3	2:16.54	Kim Conley	2004
4	2:16.71	Diana Rancourt	1998
5	2:17.14	Kim Handel	2003
6	2:17.23	Carina Hendricks	2003
7	2:17.62	Sara Bei	1998
8	2:18.98	Leah Haley	2019
9	2:19.94	Melissa MacPherson	1992
10	2:21.89	Celeste Berg	2006

300 Meter Low Hurdles			
Place	Mark	Name	Year
1	46.01	Stephanie Fernandez	2015
2	47.01	Tori Mollard	2014
3	47.38	Courtney Stephens	1992
4	48.38	Patty Teal	1992
5	48.54	Bev Rowe	1986
6	48.64	Lisa Mackie	1997
7	48.84	Shanaz Oswald	1990
8	48.73	Elise Britt	2004
9	48.94	LJ Perry	2005
10	49.23	Leah Haley	2019

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High Jump			
Place	Mark	Name	Year
1	5-6	Deanne Neff	1978
2	5-5	Luisa McInnis	2009
3	5-3	Joelle Babula	1990
4	5-2	Emma Orosz	2014
5	5-2	Bev Thomas	1987
6	5-2	Lisa Mackie	1995
7	5-1	Cathy Rehn	1981
8	5-1	Bev Rowe	1986
9	5-0	D. Groshong	1980
	5-0	J. Rocklewitz	1984
	5-0	K. Komrij/G. Amman	2005
	5-0	Isabelle Ponts	2015
	5-0	Natalie Barr	2018
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Long Jump			
Place	Mark	Name	Year
1	18-0.25	Melissa MacPherson	1992
2	18-0	Deanne Neff	1978
3	17-0.25	Cherlyn Paul	1982
4	16-10	Alexia Bosque	2003
5	16-8	Regina Kane	1981
6	16-5.25	Marnie Schlosshardt	1982
7	16-2.75	Andrea Acquistapace	1977
8	16-2.25	Gina Sferra	2008
9	16-2	Cari Stenger	1989
10	15-11	Nancy O'Donnell	1986

Triple Jump			
Place	Mark	Name	Year
1	35-6.75	Monique Losk	1989
2	34-9.5	Emma Orosz	2017
3	34-8.5	Cherlyn Paul	1982
4	34-8.25	Meili Bartholome	2012
5	34-7.5	Melissa MacPherson	1992
6	34-1	Marnie Schlosshardt	1982
7	33-5.5	Joelle Babula	1991

Pole Vault			
Place	Mark	Name	Year
1	11-1	Amy Bei	1998
2	10-0	Audrey Stalcup	2017
3	9-9	Melinda Speer	2001
4	9-6	Christen Chalmers	2009
5	9-4	Kate Fountaine	2006
6	8-6	Emma Haley	2016
7	8-6	Erica Hause	1995
8	8-0	Amrie Lacefield	2022
9	7-8	Alisha Con	1998
10	7-6	Jessica Sandine	2002
11	7-0	Stacie Balletto	1995

Shot Put			
Place	Mark	Name	Year
1	40-7	Marissa Wilson	1996
2	40-6.75	Corinne Rich	2007
3	37-8.5	Lola Paul	1981
4	37-4.5	Renee Scinto	1984
5	35-10	Cambria Bellamy	1992
6	35-10	Tia DeSoto	1998
7	35-2	Paula Malvino	1997
8	35-0.5	Hilary Reed	1988
9	34-9.25	Luz Tejada	2008
10	34-8	Molly Coxon	2005

Discus			
Place	Mark	Name	Year
1	136-4	Corinne Rich	2008
2	134-8	Tia DeSoto	1999
3	126-0	Marissa Wilson	1996
4	122-11	Lola Paul	1981
5	120-7	Jennifer Johnson	1982
6	116-11	Alexia Onate	2017
7	113-6	Hilary Reed	1988
8	110-5	Cambria Bellamy	1991
9	110-4	Kaitlin Stein	2012
10	109-4	Suzanne Wallace	2001

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4x100 meter relay			
Place	Mark	Name	Year
1	49.49	LJ Perry, Megan Pang, Gretel Amman, Alexica Bosque	2005
2	49.66	Kristin Page, Jackie Chalmers, Christen Chalmers, Alyssa Page	2011
3	49.67	Courtney Stephens, Nicole Park, Patty Teal, Melissa MacPherson	1992
4	49.81	Krissy Lombardo, Lindsay Stephens, Nicole Park, Cari Stenger	1990
5	50.14	Brittney Lerdahl, Erin McCullough, Margaret Smith, Emma Orosz	2014
6	50.24	Krissy Lombardo, Lindsay Stephens, Melissa MacPherson, Nicole Park	1991
7	50.53	Stephanie Fernandez, Bridget Childs, Margaret Smith, Emma Orosz	2015
8	50.53	Reese Hewett, Tori Mollard, Erin McCullough, Jackie Chalmers	2013
9	50.54	Monique Losk, Lindsay Stephens, Krissy Lombardo, Cari Stenger	1989
10	50.74	Monique Losk, Tonia Skidmore, Dawn Kane, Cari Stenger	1988

4x400 meter relay			
Place			
1	3:58.68	Megan Pang 58.9, LJ Perry 61.5, Gretel Amman 59.0, Alexica Bosque 57.4	2005
2	4:00.01	Melissa MacPherson 60.3, Jamie Duncan 60.5, Patty Teal 61.3, Nicole Park 57.9	1992
3	4:03.74	Jackie Chalmers 58.7, Ellen Moeller 61.8, Erin McCullough 60.7, Reese Hewett 61.8	2013
4	4:04.49	Jamie Duncan 62.6, Nicole Park 59.7, Krissy Lombardo 62.7, Melissa MacPherson 59.5	1991
5	4:04.98	Lisa Mackie 61.9, Diana Rancourt 62.0, Sara Bei 62.2, Devorah Harris 59.3	1998
6	4:06.42	Stephanie Fernandez 61.0, Margaret Smith 63.5, Grace Mackey 62.2, Emma Orosz 59.9	2015
7	4:06.94	Kim Lautrup 63.7, Nicole Fischer 62.4, Bev Rowe 62.6, Maria French 58.1	1986
8	4:07.24	Grace Radeski 62.6, Margaret Smith 62.8, Emma Orosz 61.6, Grace Mackey 60.1	2016
9	4:07.35	Rita Pearson 61.5, Celeste Berg 63.4, Kelsey Komrij 63.0, Gretel Amman 59.3	2006
10	4:07.87	Brittney Lerdahl 62.7, Tori Mollard 63.2, Erin McCullough 59.9, Margaret Smith 61.5	2014