

Montgomery Boys Top Ten

100 Meter Dash			
Place	Mark	Name	Year
1	10.54	Mel Gray	1967
2	10.75	Jared Wilson	1994
3	10.85	Jaymes Tischbern	2017
4	10.97	Wes Dickinson	1967
5	10.97	Steve Gullickson	1979
6	11.04	Albert Higgs	1986
7	11.09	Joe Stender	1968
8	11.14	Dee Grayer	1990
9	11.14	Marcus Clarke	1992
10	11.14	Quentin Mendoz	2012

1600 Meter Run			
Place	Mark	Name	Year
1	4:18.23	Blake McDowall	2007
2	4:19.14	Jude Devries	2022
3	4:19.26	Josh Hinkle	1993
4	4:20.57	KC Cody	2004
5	4:21.68	Matt Finch	2003
6	4:22.81	Bill Johnson	1976
7	4:23.21	Jim Noonan	1979
8	4:25.41	Bob Waldon	1966
9	4:25.68	Aria Kiani	2008
10	4:26.21	Brent Ririe	1974

200 Meter Dash			
Place	Mark	Name	Year
1	20.82	Mel Gray	1967
2	21.82	Wes Dickinson	1967
3	21.92	Dick Oliver	1964
4	22.02	Joe DeDora	1969
5	22.12	Joe Stender	1967
6	22.17	Jaymes Tischbern	2016
7	22.21	Gil Gomes	1960
8	22.24	Albert Higgs	1986
9	22.24	Jared Wilson	1994
10	22.31	Bob Butler	1963

3200 Meter Run			
Place	Mark	Name	Year
1	9:12.42	Bob Waldon	1966
2	9:23.95	Paul Cummings	1986
3	9:26.24	Jim Noonan	1979
4	9:30.61	Jude Devries	2022
5	9:39.75	Nick Millar	2001
6	9:41.55	Randall Watkins	1988
7	9:47.75	Matt Finch	2002
8	9:48.22	Steve Ricker	1973
9	9:48.35	Peter Vincent	1984
10	9:48.65	David Toomey	1993

400 Meter Dash			
Place	Mark	Name	Year
1	49.65	Dave Rodriguez	1979
2	49.84	Marc Spina	1986
3	49.85	John Rhodes	1979
4	50.05	Rod Loshnick	1969
5	50.05	Gary Gomes	1974
6	50.15	Dick Oliver	1964
7	50.24	Brendan Hayes	1985
8	50.25	Gary Silveira	1967
9	50.28	Rick Emmons	1976
10	50.34	Mike DelCampo	1990

100 Meter High Hurdles			
Place	Mark	Name	Year
1	14.50	Chris Barnsdale	1996
2	14.58	Gary Faysash	1963
3	14.64	Brad Underwood	1979
4	14.64	Mike Kesler	1981
5	14.78	Stan Wise	1966
6	14.78	Francis Carrington	1973
7	14.78	Greg Cavalin	1979
8	14.94	Marc Tourville	1985
9	14.94	Matt Sokol	1989
10	14.94	Brett Hartley	1991

800 Meter Run			
Place	Mark	Name	Year
1	1:51.54	Dave Rodriguez	1981
2	1:52.36	Marc Spina	1986
3	1:53.98	Blake McDowall	2007
4	1:54.34	Regan Masi	2003
5	1:54.38	Geoff Ramsey	1973
6	1:57.56	Gary Silveira	1967
7	1:57.64	Josh Dorris	1993
8	1:58.56	Dave Hoagland	1976
9	1:59.13	KC Cody	2004
10	1:59.46	Dave Goff	1967

300 Meter Intermediate Hurdles			
Place	Mark	Name	Year
1	38.02	Chris Barnsdale	1996
2	39.44	Matt Sokol	1989
3	40.04	Marc Tourville	1985
4	40.34	Brett Hartley	1991
5	40.35	Matt Carpenter	1996
6	40.53	Brent Oru-Craig	2017
7	40.98	Thomas Thomsen	2017
8	41.03	Ben Elias	2003
9	41.34	Tim Cummings	1986
10	41.94	Craig Fisher	1987

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High Jump			
Place	Mark	Name	Year
1	6-8.5	Tom Buzzard	1973
2	6-7	Joe Bill Evett	1989
3	6-7	Jon Willison	2000
4	6-6	Randy Hitchcock	1978
5	6-6	Greg Cavalin	1980
6	6-6	Mark Tempel	1997
7	6-6	Gabe Tucker	2021
8	6-4	Chuck Lohman	1975
9	6-4	Marc Tourville	1985
10	6-4	Tom Jarvis	1997

Pole Vault			
Place	Mark	Name	Year
1	15-7	Matt Tillinghast	2004
2	15-2	Mike Tillinghast	2004
3	14-5	Nathan Guido	2000
4	14-4	Tom Mikalson	1979
5	13-11	Tim Stanley	1977
6	13-9.5	Steve Lawry	1974
7	13-6	Jake Minkoff	2001
8	13-6	Jim Crowhurst	1978
9	13-6	Kevin Rehn	1981
10	13-6	Martin Field	2003

Long Jump			
Place	Mark	Name	Year
1	25-7.25	Mel Gray	1967
2	22-9.5	Gary Gomes	1974
3	22-7	Bryan Bradley (Strickland)	1995
4	22-3.75	Dave Jones	1969
5	22-3	Matt Williams	2005
6	22-1	Dee Grayer	1990
7	22-0.5	Bill Albright	1977
8	21-11	Michael Harris	2001
9	21-10.5	Joe Bill Evett	1989
10	21-9	Tyree Gray	1973

Shot Put			
Place	Mark	Name	Year
1	56-3.5	Lenny Gomes	1989
2	54-0.5	EC Phillips	1986
3	53-5	Ken Harrison	1977
4	53-1	Rolf Frankenback	1977
5	53-1	Larry Plinski	1982
6	52-10.5	Gary Cowart	1963
7	52-1	Larry Cassidy	1962
8	51-9.5	Frank Williams	1964
9	51-9	Carl Lindenberger	1963
10	51-6	Jeff Faulk	1973

Triple Jump			
Place	Mark	Name	Year
1	46-3	Tyree Gray	1973
2	45-11	Rick Williams	1974
3	45-2.5	Joe Bill Evett	1988
4	44-8	Jon Willison	2000
5	44-6	Gary Gomes	1973
6	44-3.75	Albert Higgs	1986
7	44-1.25	Dave Regan	1976
8	43-5.75	Dan Gieske	2001
9	43-3.75	Mike Villa	1974
10	42-8	Pat Moore	1976

Discus			
Place	Mark	Name	Year
1	181-6	Chris Day	1981
2	180-9	Larry Plinski	1982
3	173-9	Larry Faulk	1973
4	164-3	Dave Miles	1983
5	163-9	Andy Alkire	1959
6	163-3	Stan Paule	1970
7	162-11	Larry Cassidy	1962
8	162-5	Mike Francis	1963
9	161-6	Will Hall	1996
10	159-8	EC Phillips	1986

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4x100 meter relay			
Place	Mark	Name	Year
1	42.50	Wes Dickison, Ken Graham, Joe Stender, Mel Gray	1967
2	43.09	Stan Wise, Eric Liljencrantz, Paul Sorkness, Mel Gray	1966
3	43.59	Francis Carrington, Scott Kimmey, Mark Thomas, Gary Gomes	1973
4	43.59	Dave Pellegrini, John Rhodes, Dave Rodriguez, Steve Gullikson	1979
5	43.64	Mark Tourville, Albert Higgs, Jim Dennison, Brendan Hayes	1985
6	43.64	EC Phillips, Albert Higgs, Jim Henderson, Jim Dennison	1986
7	43.74	Spencer Carrion, Brad Carver, Trevor Smandra, Quentin Mendoza	2010
8	43.79	Stan Wise, Eric Liljencrantz, Paul Sorkness, Mel Gray	1965
9	43.79	Matt Williams, Carl Siera, Sam D'Avanzo, Daniel Eisen	2005
10	43.89	Mike, DeMarco, Ham, Jim Decker, Rick Emmons	1975

4x400 meter relay			
Place	Mark	Name	Year
1	3:20.50	Mike Rose, Steve Gullikon, John Rhodes, Dave Rodriguez	1979
2	3:20.50	Geoff Ramsey, Mark Howlett, Gary Gomes, Mark Thomas	1973
3	3:22.00	Mike Rose 51.8, Eric Robinson 52.9, Jeff Waterman 49.9, Dave Rodriguez 48.6	1980
4	3:23.20	Dave Jones, Joe Stender, Joe DeDora, Rod Koshnick	1969
5	3:24.02	Julian Quibell 52.1, Josh Dorris 51.0, Nat Lopez 50.8, Marcus Clarke 50.0	1992
6	3:26.20	Mark Thomas, Mark Howlett, Jeff Bell, Geoff Ramsey	1972
7	3:26.40	Mike Kesler, Rick Rinnels, Eric Robinson, Dave Rodriguez	1981
8	3:26.70	Rick Emmons, Scott Campbell, Mike DeMarco, Mark Cardenas	1975
9	3:27.00	Tim Cummings, Marx Tourville, Brendan Hayes, Marc Spina	1985
10	3:27.30	Mike Rose, Chuck Peterson, Matt Malvino, Sam Abbott	1978